

# The Borough Arms

## Menu with wheat and gluten information

Please let a team member know if you have any dietary requirements or allergies.\*

### STARTERS

- Homemade Soup of the Day** toasted ciabatta, butter. (v/vgo) £6.00 - *Contains wheat. Non-gluten option.*
- Prawn Cocktail** iceberg lettuce, Marie Rose sauce, bread and butter. £6.50 - *Contains wheat. Non-gluten option.*
- Chicken Liver Parfait** caramelised onion chutney, toasted ciabatta. £7.00 - *Contains wheat. Non-gluten option.*
- Breaded Mushrooms** salad garnish, garlic mayo dip. (v/vgo) £6.50 - *Contains wheat.*
- Deep-Fried Cornish Camembert** chilli jam, crostini. £8.00 - *Contains wheat.*
- Warm Nachos** tortillas, melted cheese, jalapeños, guacamole, salsa, sour cream dip. (v/vgo) £7.50 - *Non-gluten ingredients.*

### MAINS

- The Borough Roast** choose from a selection of roasted joints of meats, accompanied by fresh seasonal vegetables, a choice of potatoes, real gravy and homemade Yorkshire pudding. (vo) reg £10.50 / sml £8.50 - *Contains wheat. Non-gluten option.*
- Atlantic Cod Deep-Fried in Tribute Ale Batter** chips, mushy peas, Cornish seaweed salt. £13.50 - *Contains wheat. Non-gluten option.*
- Borough Burger** chunky chips, homemade coleslaw. £10.50 - *Contains wheat. Non-gluten option.*
- Borough Vegan Burger** chunky chips, homemade coleslaw. (vg) £9.50 - *Contains wheat. Non-gluten option.*
- Vegan Greek Salad** vegan Greek-style feta, olives, tomato, red onion, mixed salad, vegan lemon yoghurt. (vg) £10.50 - *Non-gluten ingredients.*
- Tribute Ale Sausage Ring** wholegrain mustard mash, greens, onion gravy. £12.00 - *Contains wheat.*
- Wholetail Breaded Scampi** chunky chips, garden peas, homemade tartare sauce. £10.50 - *Contains wheat.*
- Hunter's Chicken** grilled chicken breast, bacon, barbecue sauce, melted cheese, chunky chips, salad. £11.00 - *Non-gluten ingredients.*

### DESSERTS

- Sticky Toffee Pudding** rich toffee sauce, salted caramel ice cream. (v) £6.00 - *Contains wheat.*
- Triple Chocolate Brownie** raspberry coulis, Cornish clotted cream. £6.00 - *Non-gluten ingredients.*
- Winter Berry Mess** meringue shards, Chantilly cream, winter fruits, chocolate sauce. £6.00 - *Non-gluten ingredients.*
- Treleavens Ice Cream** chocolate, strawberry, vanilla or salted caramel. (v) £2.00 per scoop - *Non-gluten ingredients.*
- Apple and Winter Berry Crumble** custard or ice cream. £6.00 - *Contains wheat.*

### SANDWICHES AND WRAPS

Available from 12-5pm. Served with salad garnish and crisps.

- Roast Beef or Turkey** £6.50
- Cheddar and Tribute Ale Chutney** (v) £6.50
- Prawn and Seafood Sauce** £7.50  
- *All contains wheat. Non-gluten options.*

### SIDES

- Chunky Chips** (vg) £3.50 - *Non-gluten ingredients.*
- Cheesy Chunky Chips** (v) £4.00 - *Non-gluten ingredients.*
- Onion Rings** (v) £3.00 - *Contains wheat.*
- Garlic Ciabatta Bread** (vg) £3.50  
- *Contains wheat. Non-gluten option.*
- Seasonal Vegetables** (vg) £4.00 - *Non-gluten ingredients.*
- Invisible Chips** - 0% Fat, 100% Hospitality £2.00\*\*

(v) vegetarian / (vo) vegetarian option / (vg) vegan / (vgo) vegan option.

\*Information about all other allergens is recorded and available upon request.

Please note we take steps to minimise the risk of cross-contamination when preparing your food, however we do not have specific allergen-free zones in our kitchens. If you would like further information on our preparation methods, please ask one of our team members.

This is a recyclable, single-use menu printed on 100% recycled paper.

\*\*All proceeds raised from invisible chips sales will be donated to Hospitality Action, which is helping people in hospitality worst affected by the Covid crisis. Thanks for chipping in.

Visit [hospitalityaction.org.uk](https://hospitalityaction.org.uk) for more details.